

Behavior Building Checklist - Sample

Skill to be taught: Mealtime clean-up

Clearing plate/cutlery from table and bringing it to kitchen. For now, putting items on counter or table within reach of child.
When able, putting items in sink. When able, putting items in dishwasher.

#1: Task Analysis (List steps in process; set tag points)	#2: Physical abilities needed to perform tag point	#3: Learner Assessment: Can child perform tag point? Yes or NO	#4: Setting where this will be taught	#5: Reinforcers (Items the child likes and that result in the child doing the behavior again.)
Get up from chair	Move from seated position to standing position		#1: Kitchen at home	Skittles
Grasp plate	Hold plate with one or both hands for 10 seconds.		#2: Kitchen at grandma's house.	Small colored pencils
Walk to kitchen with plate	Walk to kitchen while holding plate for 6 to 10 seconds.		#3: Kitchen at friends' houses.	Small pads of colored paper
Put plate on counter/table	Extend arms while holding plate to place plates on another surface.			
Return to table	Walk from counter back to table.			
Pick up knife and fork	Pick up knife and fork and hold for up to 10 seconds.			
Walk to kitchen with knife & fork	Walk to kitchen while holding knife and fork for 6 to 10 seconds.			
Place items on counter/table	Extend arms while holding knife and fork to place items on counter.			

